



with

Gordon Vadakin

Head Bowling Coach
Wichita State University

LOOK WHAT YOU 'LL GET

- All Meals and Lodging included with youth weekend camps.
- A Brunswick Ball of your choice.
- Lots of on-lane Instruction
- Coach to Camper Ratio is no less then 1-5.
- Personalized Video and Grip analysis.
- Multiple lane condition training (Junior Gold, Team USA, PBA, and more)

Use Your S.M.A.R.T. Scholarship funds for your Registration Fee

(Or award money held in other scholarship funds)

Camp Information for 2006

3 DIFFERENT TYPES OF CAMPS

YOUTH WEEKEND CAMPS

(ages 12-25)

Each camp is limited to the first 40 paid registrations

Cost \$425.00

3 Weekends to Choose From

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- **June 23 - 26 - Registration Deadline June 9, 2006 (Males ages 12-25)**

Updated: 8/31/05

- **July 21 - 24 - Registration Deadline July 7, 2006 (Males & Females ages 12-25)**

THIS CAMP IS FULL FOR BOYS & GIRLS !!

Updated: 2/7/06

- **July 28 - 31 - Registration Deadline July 14, 2006 (Males ages 12-25)**

Updated: 8/31/05

Two additional Camp options are available
at a reduced rate;

NUTS & BOLTS CAMPS

NUTS & BOLTS CAMP I

**JULY 1 - 2, 2006 - Registration Deadline June 16, 2006 (Males & Females
ages 10-25)**

OR

NUTS & BOLTS CAMP II

**JULY 5 - 6, 2005 - Registration Deadline June 21, 2006 (Males & Females
ages 10-25)**

Updated: 8/31/06

THESE CAMPS WILL HAVE ALL OF THE SAME INSTRUCTION AND EDUCATIONAL FEATURES OF OUR REGULAR WEEKEND CAMPS.

There will NOT be housing or total meals provided with these camps. Instead, campers will need to make their own lodging and transportation arrangements. Lunch will be included on both days. We are working with a hotel 5-10 minutes from campus that is offering a discount rate for the camp.

Nuts & Bolts Camp I will be Saturday, July 1, 9am - 6pm and Sunday, July 2 and 9am - 5pm

or

Nuts & Bolts Camp II will be Wednesday, July 5, 9am - 6pm and Thursday, July 2, 9am - 5pm

Cost \$290.00

DAY CAMP

July 18 - Registration Deadline July 11, 2006 (Males ages 10-25)

Cost \$95.00

Improve your game with a one day camp. The focus of this camp is improving every campers' physical game.

IMPROVE CONSISTENCY

REDUCE MISTAKES

IMPROVE YOUR SPARE SHOOTING

IMPROVE YOUR BALANCE

GET BASIC LANE PLAY INFORMATION

Youth Weekend Camp Curriculum

Physical Game

- Video analysis
- Fundamentals
- Stance
- Footwork
- Release
- Balance
- Timing
- Arm Swing Technique
- Leverage
- Finish Position
- Spare Shooting
- Much More!

Lane Play

- Lane Surfaces
- Reading Oil Patterns
- Adjustments
- Choosing Equipment

Bowling Equipment

- Grip analysis
- Matching balls to lane conditions
- Ball Fit
- Surface adjustments
- Composition
- Core dynamics

Sport Psychology

- Training Techniques
- Goal Setting
- Pre-competition plan
- Event focus plan
- Refocusing plan
- Post competition evaluation
- Relaxation
- Team play

Physical Fitness

- Physical conditioning
- Stretching
- Injury prevention

Youth Day Camp Includes

- All physical game items listed above, PLUS
- Sports Psychology and Physical Fitness items

Nuts & Bolts Camp Includes

- The same curriculum as the Youth Weekend Camp

Tentative Camp Schedule

For Youth Weekend Camp Only

Day one:

- 4 p.m. - 6:30 p.m. Check in, Rhatigan Student Center
- 7 p.m. - 8:30 p.m. Opening Dinner, Rhatigan Student Center
- 8:30 p.m. - 10 p.m. Social time, Wichita State Lanes
- 10 p.m. Back to Fairmount Towers

Days two & three:

- 7:30 a.m. Breakfast, Fairmount Towers
- 8:30 a.m.- Noon Individual & Group Instruction
- Noon - 1:30 p.m. Lunch & Leisure Time, Rhatigan Student Center
- 1:30 p.m. - 5 p.m. Individual & Group Instruction
- 5 p.m. - 7 p.m. Rest time & Dinner, Fairmount Towers
- 7 p.m. - 10 p.m. Grip/Video analysis or camp activity
- 10 p.m. Back to Fairmount Towers

Day four:

- 7:30 a.m. Breakfast, Fairmount Towers
- 8:30 a.m. - 11:30 a.m. Competition & Instruction
- 11:30 a.m. - 12:30 p.m. Closing Luncheon, Rhatigan Student Center

WSU Shocker Bowling Camp Registration

Camper Name _____ Parent/Guardian _____

Address _____

City _____ State _____ Zip _____

Home Phone _____ Emergency Phone _____

Email _____

Date of Birth _____ Age _____ (as of selected camp preference) Shirt Size (Adult) S M L XL XXL

Room mate preference if any (Youth Weekend Camp) _____

Brunswick ball choice (from current line) 1st Choice _____ 2nd choice _____

Ball weight (check catalog for weight range on balls) _____ Lbs. Shoe size _____

Terms and Conditions:

1. Each camper will be sent a confirmation and receipt acknowledging his/her registration into the Brunswick Shocker Bowling Camps.
2. I/We being legal parent or guardian of the applicant authorize the Brunswick Shocker Bowling Camps and its agents to request emergency medical treatment or care as necessary to insure the well-being of our dependent. Furthermore, I claim that the registrant has had a physical examination in the past year and was found to be fit for all physical endeavors.
3. Each camper should be covered under a primary insurance policy.

Male Female Right- Handed Left-Handed

Signature of Parent/Guardian

Camp Preference

Youth Weekend Camps

Check the camp you want to attend.

Camp is limited to the first 48 paid registrations

(Males 12-25) (Males & Females 12-25) (Males 12-25)
___ June 23 - 26 ___ July 21 - 24 ___ July 28 - 31

Youth Day Camp

(Males & Females 10-25) (9 a.m.- 6 p.m.)

Camp is limited to the first 32 paid registrations

___ July 18

Nuts & Bolts Camps

(Males & Females 10-25)

Check the camp you want to attend.

Camp is limited to the first 40 paid registrations

___ July 1 - 2 ___ July 5 - 6

Payment Options: (circle all your choices of camp, type of camp, plus ball and/or shoe option.)

Youth Weekend Camps - \$425, Registration Fee.

Brunswick Ball option + \$100.

Youth Day Camp - \$95, Registration Fee.

Dexter shoe option + \$100. (Reg. \$190)

Nuts & Bolts Camps - \$290, Registration Fee.

___ I am a returning camper from _____, please apply my 10% discount to my total amount due.

Method of Payment Check/Money order ___ Credit Card ___

If sending only the \$100 deposit at this time, the remaining balance is due no later than the deadline for my camp date. I understand that if circumstances force me to cancel, I will be refunded all but the \$100 non-refundable deposit.

Total Camp Fees \$ _____ **Payment** - \$100 Deposit _____ or \$ _____

Print name as on card: _____ (Circle one) MasterCard Visa Discover

CARD NUMBER _____ Expiration Date _____ 3-digit # From _____

SIGNATURE OF CARD HOLDER _____

Please make checks payable to: **Brunswick Shocker Bowling Camps**
Mail to: Brunswick Shocker Bowling Camps • 1845 Fairmount • Wichita KS 67260-0056
Fax 316•978•6056